# Year 4 Design & Technology L.O. to invent my own sandwich



Remember our design brief from last week?

- As we have been missing time with our extended family we would love you to design and make a celebration picnic sandwich for when we can all meet up again.
- Now it's your turn to design the perfect sandwich for our celebration.
- First speak with your parents and check what food you have available to make your sandwich with.
- In your books complete a table of <u>available</u> bread and ingredients.

CEREALS	MEAT, FISH & EGGS	DAIRY PRODUCTS	FRUIT & VEGETABLES

## Year 4 Design & Technology Celebration Picnic

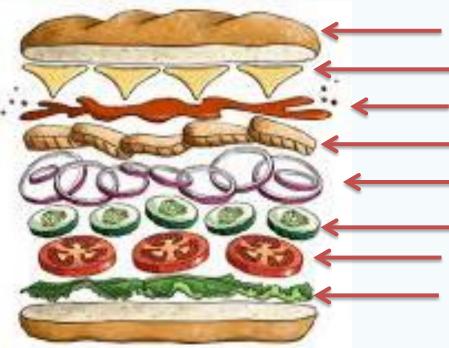


### Your list might include some of these foods.

CEREALS	MEAT, FISH & EGGS	DAIRY PRODUCTS	FRUIT & VEGETABLES
White bread	Tuna	Cheese spread	Cucumber
Wholemeal bread	Ham	Cheddar cheese	Lettuce
Roll	Turkey	Cottage cheese	Pear
Pitta	Chicken		Coleslaw
Wrap	Egg		Tomato
Baguette	Hummus		Cress
Bagel	prawns		onion

For your design you must choose a bread and then food from at least two other food groups to make your sandwich a healthy one. Draw a exploded view of your sandwich design. Use different adjectives to label the different parts and explain why you choose them for your sandwich. What else would you serve with your sandwich at the picnic?

### My sandwich design.

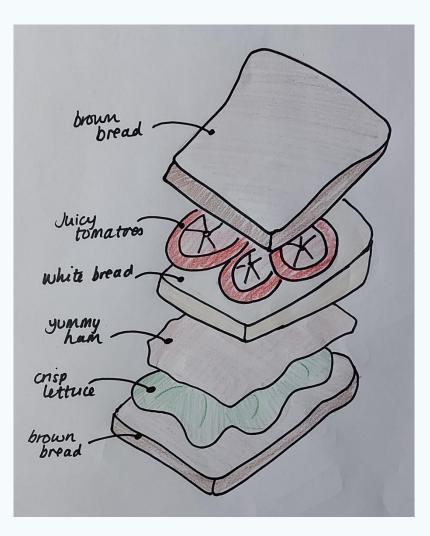


Crusty French Baguette Yummy cheddar cheese A squirt of rich tomato ketchup Tender chicken slices Sharp red onion rings Cooling cucumber Juicy red tomatoes Crisp lettuce

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## L.O. to invent my own sandwich

#### My sandwich design.



I've chosen a triple layered sandwich using both brown and white bread. For the picnic I would cut these into quarters using triangles.

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My family all like ham and I am adding salad which will keep me healthy.

I would also serve cucumber and carrot sticks with dips, sausage rolls as I love them, hard boiled eggs and a few spicy chilli crisps.