## Year 4 Design \& Technology L.O. to invent my own sandwich

Remember our design brief from last week?
As we have been missing time with our extended family we would love you to design and make a celebration picnic sandwich for when we can all meet up again.

Now it's your turn to design the perfect sandwich for our celebration.
First speak with your parents and check what food you have available to make your sandwich with.

In your books complete a table of available bread and ingredients.

| CEREALS | MEAT, FISH <br> \& EGGS | DAIRY PRODUCTS |  <br> VEGETABLES |
| :--- | :--- | :--- | :--- |
|  |  |  |  |

## Year 4 Design \& Technology Celebration Picnic

Your list might include some of these foods.

| CEREALS | MEAT, FISH \& EGGS | DAIRY PRODUCTS | FRUIT \& VEGETABLES |
| :---: | :---: | :---: | :---: |
| White bread <br> Wholemeal bread <br> Roll <br> Pitta <br> Wrap <br> Baguette <br> Bagel | Tuna <br> Ham <br> Turkey <br> Chicken <br> Egg <br> Hummus <br> prawns | Cheese spread Cheddar cheese Cottage cheese | Cucumber <br> Lettuce <br> Pear <br> Coleslaw <br> Tomato <br> Cress <br> onion |

For your design you must choose a bread and then food from at least two other food groups to make your sandwich a healthy one.

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Draw a exploded view of your sandwich design. Use different adjectives to label the different parts and explain why you choose them for your sandwich. What else would you serve with your sandwich at the picnic?

My sandwich design.


## L.O. to invent my own sandwich

My sandwich design.


I've chosen a triple layered sandwich using both brown and white bread. For the picnic I would cut these into quarters using triangles.

My family all like ham and I am adding salad which will keep me healthy.

I would also serve cucumber and carrot sticks with dips, sausage rolls as I love them, hard boiled eggs and a few spicy chilli crisps.

