

Wellbeing Team News



Welcome to our Wellbeing Team News! We hope that you enjoy reading this. I know that it has been a super busy term for you all and that you will be looking forward to a well-deserved half-term break. Stay safe.

Love Buddy x

#HelloYellow
YOUNGMINDS

On Friday 9th October, we celebrated World Mental Health Day here at Beanfield by wearing yellow and donating £1 to Young Minds, a charity fighting for children and young people's mental health. Children also created their own Sunshine Moments stars in class, reflecting upon moments that make them feel happy. We raised a fantastic £329 for the #HelloYellow campaign.



Our Beanfield Foodbank is available for any families who may require support during hard times. Please speak to a member of staff or email foodbank@beanfieldprimary.org.

Our attendance for this academic year currently stands at **96.93%**. Despite the current circumstances, we would like to thank all of our families for ensuring that children attend school daily and on time. Should you require any support with your child's attendance, please do not hesitate to speak to Mr Reilly or Mrs Fleming.

Useful Telephone Numbers

Corby MIND: 01536 267280

Citizens Advice: 01536 265501

National Domestic Abuse Helpline: 0808 2000 247

ChildLine: 0800 1111

COVID-19 Helpline: 119

Northamptonshire County Council: 0300 126 1000

The Wellbeing Team are always here to help. If you require any support, please contact us on 01536 262000 or email wellbeing@beanfieldprimary.org.

Mrs Fleming (Wellbeing Manager)

Mr Reilly (Education Welfare Assistant)

Miss Smith (Wellbeing Mentor)

Mr Chisholm (Forest School Leader)



33 Fun Things to do on a Family Walk

Fun walking ideas for toddlers

1. Who can choose the shortest stick? The longest stick?
2. Hold hands and run!
3. Use a magnifying glass
4. Go for a walk with a Nature Playground
5. Play eye spy (or eye spy colour)
6. Go on a sound hunt
7. Go on a Colour Hunt
8. Create a treasure map for some make believe play



Fun Walking Ideas for 4-7 year olds

9. Go on a Matchbox Hunt
10. Take a Penny Hike
11. Use Go Find it Cards
12. Go on Scavenger Hunt
13. Take Hammocks and Hot Chocolate
14. Start a Nature Journal
15. Fly a handmade kite!
16. Make a Nature Bracelet
17. Bark rubbings/ nature rubbings
18. Find 5 different types of leaves or spot 3 different types of birds
19. Press leaves and flowers
20. Go on Pond Hike
21. Go on a Torchlit Night Walk with Kids
22. Play the alphabet game. I went on a walk and I saw an ant, a bug, some clouds etc.....



Fun Walking Ideas for Older Kids

23. Give kids the map!
24. Photo Scavenger Hunt
25. Name that Tune
26. Family and Friends Treasure Hunt or Nature Scavenger Hunt
27. Geocaching
28. 20 questions walking game
29. Search for a Waterfall
30. Climb a small mountain
31. Make a lantern to take on a torchlit night hike
32. Take a picnic
33. Make a Den

