

Things may feel a little strange at the moment and perhaps a little unfair, but remember that these times will pass and don't forget that we are here and we care.

Remote learning

Don't forget that you can contact your child's year team via email if you have any questions relating to home learning:

Nursery – <u>bpsnursery@beanfieldprimary.org</u> Reception – <u>BPSYR@beanfieldprimary.org</u> Year 1 – <u>BPSY1@beanfieldprimary.org</u> Year 2 – <u>BPSY2@beanfieldprimary.org</u> Year 3 – <u>BPSY3@beanfieldprimary.org</u> Year 4 – <u>BPSY4@beanfieldprimary.org</u> Year 5 – <u>BPSY5@beanfieldprimary.org</u> Year 6 – <u>BPSY6@beanfieldprimary.org</u>

Wellbeing Team

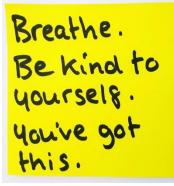
We continue to be here to support and advise families during these difficult times via telephone and email. Please inform us if we can help in any way:

wellbeing@beanfieldprimary.org

Foodbank

We also have our Beanfield Foodbank available for any families who may require support:

foodbank@beanfieldprimary.org



There is no 'right' way to do lockdown. Do what is best for you.

Whatever you do, keeping a routine can help in times of uncertainty.



However you're geeling is valid.

Hi everybody,

I hope that you are all keeping well and working hard. I am still working very hard on my listening skills and trying not to get too distracted by food (and lots of treats!) I'm also enjoying lots of nice walks in the fresh air and playing with my friends at Doggy Day Care. Stay safe and look after yourselves. I look forward to seeing you all very soon.

Lots of love, Buddy x

Useful Numbers NSPCC: 0808 800 5000 National Domestic Abuse Helpline: 0808 2000 247 **ChildLine:** 0800 1111 Samaritans: 116 123 **Coronavirus Helpline:** 119 **Citizens Advice:** 0344 245 1292 Corby Mind: 01536 267280 Corby Borough Council: 01536 464000 Victim Support: 0808 168 9111 **Northants County Council:** 0300 126 1000 mind In Northamptonshire



thementalhealthnumber.me